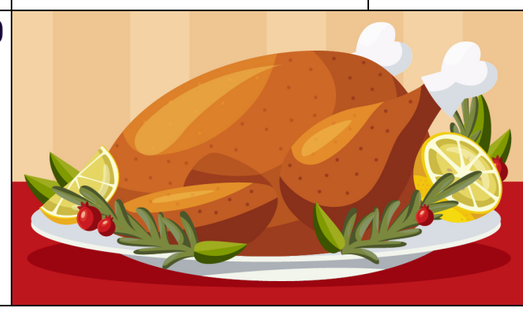
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Rocking to the Residents Favorite Music Unit Television Channel 1:00 Buffalo Bills Vs. Ravens Games/Crafts/Nail Care 6:30 Small Group/1:1 Visits Daylight Saving Time Ends	2 10:00 Protestant Church Service with Marion Battle 2:00 Live Entertainment: Lucille Shurkus 6:30 Small Group Activity Unit Visits & Mail Delivery	3 10:30 Morning Music, Movement & Trivia 2:00-3:00 Thanksgiving Decorating & Crafts 6:30 Small Group Activity Unit Visits & Mail Delivery	4 10:30 Catholic Mass with Deacon Dan 1:30-2:30 Music Therapy SUNY Fredonia Students 2:30 Pumpkin/Apple Pie Social 6:30 Small Group Activity Unit Visits & Mail Delivery	5 10:30 Music and Movement 2:00 Puzzles & Crafts 3:00 Nail Care & Lotion 6:30 Small Group Activity Unit Visits & Mail Delivery	6 10:30 Auggie the Doggie 2:00-3:00 Basketball & Adult Coloring Music Unit Visits & Mail Delivery	7 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 6:30 Small Group Activity & 1:1 Visits
8 10:00 Rocking to the Residents Favorite Music Unit Television Channel 1:00 Buffalo Bills Vs. Jets Games/Crafts/Nail Care 6:30 Small Group/1:1 Visits Diwali (Hindi)	9 10:00 Protestant Service with Pastor Carlson 2:00 Sing Along & Bible Study 2:15 Live Entertainment: 23 Skidoo 6:30 Small Group Activity Unit Visits & Mail Delivery	10 10:30 Cocoa and Board Games 2:00-3:00 Bowling & Adult Coloring Unit Visits & Mail Delivery	11 10:30 Veterans Day Celebration 12:00 Applebee's Luncheon for Veterans in the Day Room 1:30-2:30 Music Therapy SUNY Fredonia Students 2:30 TV Mash Party 6:30 Small Group/1:1 Visit Veterans Day Remembrance Day (Canada)	12 10:30 Catholic Mass with Reverend John 2:00 Bingo 3:00 Nail Care & Lotion 6:30 Small Group Activity Unit Visits & Mail Delivery	13 10:30 Blue Name that Tune Party for Diabetes 2:15 Live Entertainment Rick Bruening Unit Visits & Mail Delivery	14 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 6:30 Small Group Activity & 1:1 Visits
15 10:00 Rocking to the Residents Favorite Music Unit Television Channel 1:00 Buffalo Bills Vs. Dolphins Games/Crafts/Nail Care 6:30 Small Group/1:1 Visits	16 10:00 Protestant Service with Pastor Carlson 2:00 Sing Along & Bible Study 2:15 Live Entertainment: Check 1,2,3 6:30 Small Group Activity Unit Visits & Mail Delivery	17 10:30 Morning Music, Movement & Trivia 2:00-3:00 Basketball & Adult Coloring Unit Visits & Mail Delivery	18 10:30 Catholic Mass with Deacon Dan 1:30-2:30 Music Therapy SUNY Fredonia Students 2:30 Adult Coloring & Music 6:30 Small Group/1:1 Visits Unit Visits & Mail Delivery	19 10:30 Sing Fit Exercise Program 2:00 Puzzles & Crafts 3:00 Nail Care & Lotion 6:30 Small Group Activity Unit Visits & Mail Delivery	20 10:30 Craft Corner: Popsicle Stick Scarecrows 2:00-3:00 Music Instruments & Sing Along 3:00 Reading & Reminisce Thanksgiving Unit Visits & Mail Delivery	21 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 6:30 Small Group Activity & 1:1 Visits
22 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 6:30 Small Group/1:1 Visits	23 10:00 Protestant Service with Pastor Carlson 2:00 Sing Along & Bible Study 2:30 Reading & Reminisce Chicken Soup for the Golden Soul 6:30 Small Group Activity Unit Visits & Mail Delivery	24 10:30 Morning Music, Movement & Trivia 2:00-3:00 Sing Along with Suzie Q & Adult Coloring Unit Visits & Mail Delivery	25 11:00 Meditation and Manicures 1:30-2:30 Music, Movement, Triva 2:30 Thanksgiving Word Games 6:30 Small Group/1:1 Visits	26 10:30 Catholic Mass with Reverand John Macy's Thanksgiving Day Parade! 2:00 Thanksgiving Crafts 6:30 Small Group Activity Unit Visits Thanksgiving Day (U.S.)	27 10:30 Craft Corner: Painting Wood Ornaments 2:00-3:00 Water Painting & Games 2:00 Nail Care & Lotion Unit Visits & Mail Delivery	28 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 1:1 Visits
29 10:00 Rocking to the Residents Favorite Music Unit Television Channel 2:00 Group Games/Crafts/Nail Care 1:1 Visits	30 10:00 Protestant Service with Pastor Carlson 2:00 Sing Along & Bible Study 2:30 November Birthday Party 6:30 Small Group Activity Unit Visits & Mail Delivery		November 2026 Memory Care Activity Calendar 1A			

*Chautauqua Nursing & Rehabilitation Center 10836 Temple Rd. Dunkirk, NY (716)366-6400**Activities are Subject to Change* *Activities Colored in Red are Located in the Day Room*

A GREAT WAY TO SEE MANY OF THE ACTIVITIES THAT TAKE PLACE AT OUR FACILITY IS TO

Follow Us on Our Social Media Pages!

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INSTAGRAM

@vestracare

SCAN THE QR CODES & FOLLOW ALONG WITH THE FUN!

*ANDROID USERS MAY NEED TO SEARCH USING THE PROFILE @

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