



Happy Birthday

Geraldine Q 8/3, Julie B 8/6, Mary O 8/9, Mary F 8/13,
Norris T 8/29, Mart A 8/29

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00-Coffee hour 1 10:00-Rosary Prayer 10:30- Alphabet Game 2:00- Card Games or Board Games
9:00-Coffee hour 2 10:30- Residents Choice 2:00- Movie	9:00-Coffee hour 3 10:30-Exercise with Rose 1:30-Sing Fit with Amie 3:00- Bingo 6:00-Music	9:00-Coffee hour 4 10:30- Catholic Mass 11:00- Hymns 1:30-Happy hour and Popcorn Showing: Sheep Detectives 6:00- Paint Nails	9:00-Coffee hour 5 10:30- Trivia 2:00- Veterans Memorial 6:00- Card Games	National Root Beer Float Day 6 9:00-Coffee hour 10:30- Give me 3 2:00- Root Beer Floats 3:00- Brews and Tattoos	9:00-Coffee hour 7 10:30- Name That Tune 2:00- Bingo 3:00- Out Doors (Weather pending)	9:00-Coffee hour 8 10:00-Rosary Prayer 10:30- Alphabet Game 2:00- Card Games or Board Games 6:00- Lucynt Table
9:00-Coffee hour 9 10:30- Residents Choice 2:00- Movie 6:00-Sensory Hour	9:00-Coffee hour 10 10:30-Exercise with Rose 1:30-Sing Fit with Amie 3:00- Bingo	9:00-Coffee hour 11 10:30- Catholic Mass 11:00- Hymns 12:30 Casino 1:30-Happy hour and Popcorn Showing: Toy Story 6:00- Paint Nails	9:00-Coffee hour 12 10:30- I Spy 2:00- Bingo 3:00- Craft or Coloring 6:00-Story Time	9:00-Coffee hour 13 10:30- Adirondack Chorus 2:00- Birthday Party 6:00- Trivia Night	9:00-Coffee hour 14 10:15- Paul Ryder 2:00- Bingo 3:00- Out Doors (Weather pending) 6:00- Reminiscing	9:00-Coffee hour 15 10:00-Rosary Prayer 10:30- Alphabet Game 2:00- Card Games or Board Games
9:00-Coffee hour 16 10:30- Residents Choice 2:00- Movie	9:00-Coffee hour 17 10:30-Exercise with Rose 1:30-Sing Fit with Amie 3:00- Bingo 6:00-Riddle Me This	9:00-Coffee hour 18 10:30- Catholic Mass 11:00- Hymns 1:30-Happy hour and Popcorn Showing: Toy Story 2 6:00- Paint Nails	9:00-Coffee hour 19 10:30- Make Cookies 2:00- Bingo 3:00- Snack and Chat 6:00- Lucynt Table	9:00-Coffee hour 20 10:30- Table Talk 2:00-Sunset Cards 3:00- Men's Group	Senior Citizen Day 21 9:00-Coffee hour 10:30- Reminiscing 2:00- Bingo 3:00- Out Doors (Weather pending) 6:00- Name That Tune	9:00-Coffee hour 22 10:00-Rosary Prayer 10:30- Alphabet Game 2:00- Card Games or Board Games 6:00- Music
9:00-Coffee hour 23 10:30- Residents Choice 2:00- Movie 6:00- Story Time	9:00-Coffee hour 24 10:30-Exercise with Rose 1:30-Sing Fit with Amie 3:00- Bingo	9:00-Coffee hour 25 10:30- Catholic Mass 11:00- Hymns 1:30-Happy hour and Popcorn Showing: 9 To 5 6:00- Paint Nails	Dog Day 26 9:00-Coffee hour 10:30- Therapy Dog Visits 1:30- Food Committee 2:00- Residents Council 3:00- Bingo 6:00-Trivia Night	9:00-Coffee hour 27 10:30- Adirondack Chorus 2:00- Ladies Tea Party 3:00- Craft	9:00-Coffee hour 28 10:15- Paul Ryder 1:30- Walmart 2:00- Bingo 3:00- Out Doors (Weather pending) 6:00- Reminiscing	9:00-Coffee hour 29 10:00-Rosary Prayer 10:30- Alphabet Game 2:00- Card Games or Board Games
9:00-Coffee hour 30 10:30- Residents Choice 2:00- Movie	9:00-Coffee hour 31 10:30-Exercise with Rose 1:30-Sing Fit with Amie 3:00- Bingo 6:00-Memory Lane	Outings have limited seats see activities to sign up. Lists need to be turned in the latest day before outing (15 items max)		Activities are subject to change based on residents' preferences and unforeseen circumstances. For questions regarding the calendar, please contact Rebecca Rpond, Director of Activities (315)-942-4301 or Rpond@sunsetnrc.com		

