

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 Catholic Mass with Deacon Dan 1 1:00 Unit Visits 2:00 Chair Yoga 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits Canada Day	10:30 Sing Fit Exercise Program Fourth of July Style 2 1:00 Unit Visits 2:00 Tabletop Bowling & Adult Coloring Independence Day 3:00 Fun in the Sun	10:30 Music, Movement & Trivia 3 1:00 Unit Visits 2:15 Hungry, Hungry Hippo's 3:00 Fun in the Sun & Ice Cream	8:30 am-10 am Unit Visits 4 10:00 Rocking to the Oldies Unit Television Channel & Movement 2:00 Group Games/Crafts/Manicures 3:00 Fun in the Sun Independence Day (U.S.)
10:00 Rocking to the Oldies Unit Television Channel 5 2:00 Group Games/Crafts/Manicures 3:00 Fun in the Sun 6:30 Small Group/1:1 Activities	10:30 Protestant Service with Pastor Carlson 6 1:00 Unit Visits 2:00 Sing Along or Bible Study or Live Entertainment: The Country Blue Band 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	9:30 Crafts & Exercise with Crystal 7 1:00 Unit Visits 2:00 Group Games & Sing Along 3:00 Fun in the Sun	10:30 National Blueberry Day Social 8 1:00 Unit Visits 2:00 Chair Yoga 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun 6:32:0 Small Group/1:1 Visits	10:30 Catholic Mass with Reverend John 9 11:30 *1A Unit Picnic* 2:00 Bingo 3:00 Fun in the Sun	10:30 Music, Movement & Trivia 10 1:00 Unit Visits 2:00 Reading Aloud & Reminisce 2:30 Bean Bags 3:00 Fun in the Sun & Ice Cream	8:30 am-10 am Unit Visits 11 10:00 Rocking to the Oldies Unit Television Channel & Movement 2:00 Group Games/Crafts/Manicures 3:00 Fun in the Sun
8:30 am-10:00 am Unit Visits 12 10:00 Rocking to the Oldies Unit Television Channel & Movement 2:00 Group Games/Crafts/Manicures 3:00 Fun in the Sun	10:30 Protestant Service with Pastor Carlson 13 1:00 Unit Visits 2:00 Sing Along or Bible Study or Live Entertainment: 23 Skidoo 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	9:30 Crafts & Exercise with Crystal 14 1:00 Unit Visits 2:00 Water Painting & Sing Along 3:00 Fun in the Sun Bastille Day	10:30 Catholic Mass with Deacon Dan 15 1:00 Unit Visits 2:00 Chair Yoga 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	10:30 Music, Movement & Trivia 16 1:00 Unit Visits 2:00 Tabletop Bowling & Adult Coloring 3:00 Fun in the Sun	10:30 Music, Movement & Trivia 17 1:00 Unit Visits 2:00 Manicures & Relaxation 3:00 Fun in the Sun & Ice Cream	10:00 Rocking to the Oldies Unit Television Channel 18 2:00 Group Games/Crafts/Manicures 3:00 Fun in the Sun/1:1 Activities 6:30 Small Group/1:1 Visits
10:00 Rocking to the Oldies Unit Television Channel 19 2:00 Games/Crafts/Manicures 3:00 Fun in the Sun 6:30 Small Group/1:1 Activities	10:30 Protestant Service with Pastor Carlson 20 1:00 Unit Visits 2:00 Sing Along or Bible Study 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	9:30 Crafts & Exercise with Crystal 21 1:00 Unit Visits 2:00 Group Games & Sing Along 3:00 Fun in the Sun	10:30 Music, Movement, and Trivia 22 1:00 Unit Visits 2:00 Chair Yoga 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	10:30 Catholic Mass with Reverend John 23 1:00 Unit Visits 2:00 Dress the Baby Dolls!! & Adult Coloring 3:00 Fun in the Sun	10:30 Coffee Hour for Veterans 24 1:00 Unit Visits 2:00 Ball Toss 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun & Ice Cream	8:30 am -10:00 am 25 10:00 Rocking to the Oldies Unit Television Channel & Movement 2:00 Games/Crafts/Manicures 3:00 Fun in the Sun
8:30 am-10 am Unit Visits 26 10:00 Rocking to the Oldies Unit Television Channel & Movement 2:00 Games/Crafts/Manicures 3:00 Fun in the Sun	10:30 Protestant Service with Pastor Carlson 27 1:00 Unit Visits 2:00 Sing Along or Bible Study or Live Entertainment the Kokomo Time Band 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	9:30 Crafts & Exercise with Crystal 28 1:00 Unit Visits 2:00 Busy Boxes & Jigsaw Puzzles 3:00 Fun in the Sun	10:30 Catholic Mass with Deacon Dan 29 1:00 Unit Visits 2:00 Chair Yoga 2:30 Read Aloud & Reminisce 3:00 Fun in the Sun 6:30 Small Group/1:1 Visits	10:30 Sing Fit Exercise Program 30 1:00 Unit Visits 2:00 Bingo 3:00 Fun in the Sun	10:30 Music, Movement & Trivia 31 1:00 Unit Visits 2:15 Birthday Party 3:00 Fun in the Sun & Ice Cream	

*Chautauqua Nursing & Rehabilitation Center 10836 Temple Rd. Dunkirk, NY 14048 (716) 366-6400*Activities are Subject to Change*Items Colored in Red are Located in the Day Room*

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