

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10:15 Easy Like Sunday Morning (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Nature &amp; Science (AR) 2:00 Movie Matinee (MDR) 3:45 Sunday Social Games (AR)</p> <p><b>1</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:15 B-I-N-G-O (MDR) 3:45 Who, What, Where? (AR)</p> <p>Purim Begins</p> <p><b>2</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Hablamos Espanol-Ulster Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>2:00 B-I-N-G-O (MDR) 3:45 Bedside Visits (AU) 6:30 Timeless TV Classics (MDR)</p> <p><b>3</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Catholic Mass (MDR)</b> 3:00 Poetry Circle 4:00 Pages &amp; Puzzles (AR)</p> <p><b>4</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Live Music with Bill &amp; Wayne (MDR)</b> 3:15 Dice &amp; Card Games (MDR)</p> <p><b>5</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 Music with Maggie (MDR) 3:00 This or That? (AR)</p> <p><b>6</b></p>	<p>10:15 Conversation Corner (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Activities Cart (AU) 2:15 Crochet Class (MDR) 3:15 Resident's Choice</p> <p><b>7</b></p>	
<p>10:15 Easy Like Sunday Morning (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Nature &amp; Science (AR) 2:00 Movie Matinee (MDR) 3:45 Sunday Social Games (AR)</p> <p>Daylight Saving Time Begins</p> <p><b>8</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:15 B-I-N-G-O (MDR) 3:45 Craft &amp; Create (AR)</p> <p><b>9</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Hablamos Espanol-Ulster Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 Resident Council (MDR) 3:00 Game's Galore (MDR)</p> <p><b>10</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Live Music with Bob Martinson (MDR)</b> 3:30 Art with Andre' (MDR) 3:45 Bedside Visits (AU)</p> <p><b>11</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Rosary (MDR)</b> 3:00 B-I-N-G-O (MDR)</p> <p><b>12</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 Reminisce &amp; Remember (MDR) 3:00 Grumpy Old Men (MDR)</p> <p><b>13</b></p>	<p>10:00 Springfield Baptist Church (MDR) 11:15 Bedside Visits (AU)</p> <p>1:00 Activities Cart (AU) 2:15 Crochet Class (MDR) 3:15 Resident's Choice</p> <p><b>14</b></p>	
<p>10:15 Easy Like Sunday Morning (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Nature &amp; Science (AR) 2:00 Movie Matinee (MDR) 3:45 Sunday Social Games (AR)</p> <p><b>15</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Live Music with Bosco (MDR)</b> 3:30 Let's Laugh Out Loud! (MDR)</p> <p><b>16</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Hablamos Espanol-Ulster Unit 11:00 Sit &amp; Be Fit (AR)</p> <p><b>2:00 Join Our Hooley! (St. Patrick's Day Party)</b> <b>Lucky Us~We Are All Irish Today (MDR)</b></p> <p>St. Patrick's Day</p> <p><b>17</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:15 B-I-N-G-O (MDR) 3:45 Art with Andre' (MDR) 3:30 Bedside Visits (AU)</p> <p><b>18</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 B-I-N-G-O (MDR) 3:30 Garden Club (AR)</p> <p><b>19</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 Music with Maggie (MDR) 3:00 Spring has Sprung (AR)</p> <p>Spring Begins</p> <p><b>20</b></p>	<p>10:15 Conversation Corner (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Activities Cart (AU) 2:15 Crochet Class (MDR) 3:15 Resident's Choice <b>4:15 Ballet School Performance (MDR)</b></p> <p><b>21</b></p>	
<p>10:15 Easy Like Sunday Morning (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Nature &amp; Science (AR) 2:00 Movie Matinee (MDR) 3:45 Sunday Social Games (AR)</p> <p><b>22</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:15 B-I-N-G-O (MDR) 3:45 Craft &amp; Create (AR)</p> <p><b>23</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Hablamos Espanol-Ulster Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 March Birthday Bash (MDR)</b> 3:00 Spa Anyone? (AR)</p> <p><b>24</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds <b>2:00 Live Music with Danny Russo (MDR)</b> 3:15 Art with Andre' 3:15 Bedside Visits (AU)</p> <p><b>25</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) <b>2:00 Rosary (MDR)</b> 3:00 B-I-N-G-O (MDR)</p> <p><b>26</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:00 Music with Maggie (MDR) 3:00 What's in the Box? (AR)</p> <p><b>27</b></p>	<p>10:15 Conversation Corner (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Activities Cart (AU) 2:15 Crochet Class (MDR) 3:15 Resident's Choice</p> <p><b>28</b></p>	
<p>10:15 Easy Like Sunday Morning (AR) 11:15 Bedside Visits (AU)</p> <p>1:00 Nature &amp; Science (AR) 2:00 Movie Matinee (MDR) 3:45 Sunday Social Games (AR)</p> <p>Palm Sunday</p> <p><b>29</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>1:00 Social Rounds (AU) 2:15 B-I-N-G-O (MDR) <b>3:30 Bingo Bucks Cash In! (MDR)</b></p> <p><b>30</b></p>	<p>10:00 News &amp; Views (AR) 10:15 Easy Does It-On Unit 11:00 Hablamos Espanol-Ulster Unit 11:00 Sit &amp; Be Fit (AR)</p> <p>2:00 Travel Tuesday (AR) 3:30 Art with Andre' (MDR) 6:30 Timeless TV Classics (MDR)</p> <p><b>31</b></p>					<p><b>4</b></p>

Hair Salon Open 10-

10:00 Springfield Baptist Church (MDR)

Hair Salon Open 10-

# Taconic At Beacon

AR~Activities Room/MDR~Main Dining Room/AU~All Units

All Activities Are Subject to Change ~ Thank you for your Understanding

A GREAT WAY TO SEE MANY OF THE ACTIVITIES THAT TAKE PLACE AT OUR FACILITY IS TO

Follow Us on Our Social Media Pages!



FACEBOOK



INSTAGRAM



@taconichealthcare

**TACONIC**  
REHABILITATION &  
NURSING AT BEACON  
*living legends*



SCAN THE  
**QR CODES**

& FOLLOW ALONG  
WITH THE FUN!

\*ANDROID USERS MAY NEED TO  
SEARCH USING THE PROFILE @