

Taconic rehabilitation and nursing at Beacon

Week-At-A-Glance

hcs2northern2022-23 Week 2

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Baked Cheese Omelet Toast - Jelly - Margarine	Apple Cinnamon French Toast Bake - Margarine - Syrup Bacon	Scrambled Eggs w/Cheese Toast - Margarine - Jelly	Biscuit - Sausage Gravy Hashbrown	Scrambled Eggs Glazed Cinnamon Roll	Egg & Cheese Bake Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Breakfast Ham
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Roast Beef Au Jus Smothered Turkey Patty Sliced Parsley Carrots Brussels Sprouts Baked Potato - Margarine - Sour Cream Buttered Rice Dinner Roll/Bread - Margarine Harvest Baked Apples	Dijon Pork Loin Hamburger Steak w/Grilled Onions - Brown Gravy Capri Vegetable Blend Braised Cabbage Rice Pilaf Oven Browned Potatoes Dinner Roll/Bread - Margarine Citrus Glazed Angel Food Cake	Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Rancher's Pork Chop Mexican Corn (veg) Sliced Carrots Green Chili Rice Garlic Potato Wedges Dinner Roll/Bread - Margarine Sliced Pears	Homestyle Meatloaf w/Ketchup Glaze Lemon Butter Baked Tilapia Fillet Seasoned Green Peas Sauteed Spinach Au Gratin Potatoes Herbed Rice Dinner Roll/Bread - Margarine Pumpkin Cheesecake Bar	Smothered Chicken Thigh Smothered Steak Roasted Brussels Sprouts Whole Kernel Corn (veg) Sweet Potato Souffle Buttered Noodles Cornbread - Margarine Caramel Apple Upside Down Cake	Lemon Dill Tilapia Fillet Rosemary Chicken Breast Broccoli Florets Green Peas Roasted Red Skin Potatoes Seasoned Rice Dinner Roll/Bread - Margarine Pineapple Tidbits	BBQ Pork on a Bun Vegetable Quiche Country Vegetable Blend Tossed Salad w/Dressing Baked Beans Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders - Honey Mustard BBQ Pork Chop Roasted Green Beans Whole Kernel Corn (veg) Macaroni & Cheese Mashed Potatoes Herbed Dinner Roll - Margarine Oatmeal Raisin Cookie	Breaded Fish on a Bun - Tartar Sauce Rotisserie Chicken Thigh Broccoli Florets Green Peas Tater Tots - Ketchup Buttered Noodles Dinner Roll/Bread - Margarine Deluxe Fruit Salad	Classic Baked Ziti Meatballs w/Gravy Parmesan & Herb Roasted Cauliflower Tossed Salad w/Dressing Mashed Potatoes Italian Herbed Dinner Roll - Margarine Double Chocolate Brownie	Italian Sausage Sub w/Pepper & Onion Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Capri Vegetable Blend Broccoli Florets French Fries - Ketchup Buttered Rice Tropical Fruit Salad	Thin Crust Cheese Pizza Parsley Pork Chop Garlic Green Beans Roasted Beets Parmesan Noodles Dinner Roll/Bread - Margarine Chilled Peaches	Chicken Parmesan w/ - Spaghetti Noodles Ham Sandwich - Lettuce & Tomato - Mayonnaise Tossed Salad w/Dressing Marinated Mixed Vegetable Salad Potato Chips Garlic Bread Chocolate Ice Cream	Salisbury Steak - Brown Gravy Smothered Turkey Patty Creamed Spinach Winter Vegetable Blend Mashed Potatoes Herbed Rice Dinner Roll/Bread - Margarine Fruit Cocktail